

# Catholic Household

## STARTER GUIDE



### Why Should I Live in a Catholic Household?

*"This I command you, love one another." John 15:17*

Whether you're living on-campus in a dorm or an off-campus apartment, **the call to mature Christian love is for every person, in every season, and in every situation.** We choose Household because it helps us to live out this Christian call to love.

**We choose Household life because...**

**Community isn't just something God teaches - it's who God is.**

*The Trinity is a community of Persons, and we're meant to live as God does - in relationship.*

**Faith is Lived, Not Just Studied.**

*Following Jesus is something we practice, not just something we learn about.*

**Your Roommates are God's Gift to You.**

*The roommates and friends in our lives aren't accidental - they're meant to reveal God.*



### What are the Foundations of Household?



#### Relationships

Household is more than just sharing space - it's about sharing LIFE.



#### Patterns

Practice makes permanent. Household creates rhythms of life for everyday holiness.



#### Commitment

Commitment fuels virtue because trust is built when things get challenging.

*Most importantly, remember that Household life doesn't start with perfection - it starts when a few people decide to live intentionally, together.*



# How Do I Start a Catholic Household?

- Step 1:** **Schedule time** with your roommates to talk.
- Step 2:** **Share this starter guide** so they know what to expect in your conversation.
- Step 3:** **Begin with prayer**, then share why you'd like to try Household.
- Step 4:** **Use the Household ideas below** as a guide to have a conversation.
- Step 5:** Decide and **commit together on a few things** you want to implement!

## Prayer & Spirituality



**Choose a realistic daily prayer goal and encourage each other to stay the course!**

**Set aside time for prayer together every week. Ideas:**

- Download the iBreviary App and pray Liturgy of the Hours together 2x per week
- Worship together once a week - look for SPO Worship on Spotify as a place to start!
- Sign up for an adoration hour together and walk or drive together

## Hospitality & Generosity



**Honor guests by keeping shared spaces clean - especially kitchens & bathrooms!**

Make sure you have hand-soap, towels, toilet paper, and a trash can available!

**Make a pact that when a guest enters, you will always...**

- Stop what you're doing, stand up, and greet guests - even if they're not your guests.
- Offer guests a drink (a glass of water or any non-alcoholic drink will do).

## Community Life & Relationship Building



**Schedule a 1-hour meal together weekly. Best Practices:**

- Have one conversation as a table
- Rotate who cooks each meal - everyone else cleans!
- No phones at the table
- Invite friends & guests!

**Look for creative ways to spend time together.**

Plan an outing once a month as friends!

## Communication & Stewardship



**Get intentional about getting to know your roommates. Ideas:**

- Ask one open-ended question every day
- Create a "favorite things" list (i.e. Go-to coffee orders, love languages, birthdays, etc...)

**Schedule a 1-hour house meeting each month to...**

- Affirm each other and call out the good!
- Cover practicals (chores, scheduling, landlord stuff, etc.)
- Kindly share any "beef"
- Apologize and reconcile